



Changes to BCU First Aid Training Requirements Important notice for all Coaches

Following a review of the BCU First Aid Policy, changes to the required training time are to be implemented during 2012, 13 and 14. These new requirements are applicable to coaches registering for coaching or leadership qualifications, and to coaches wishing to meet the BCU coach update requirements.

- Coaches who have a First Aid recorded on their membership record prior to 31/12/11 are not required to update to meet the new requirement until that first aid training expires
- Coaches who are looking to complete First Aid Training after 1/1/12 should ensure that is meets the revised requirement identified in Column B of the table below
- From 1/1/12 candidates registering for BCU Coaching or Leadership awards are required to
 meet the updated requirement (Column B of the table below), unless their first aid training was
 completed prior to 31/12/11 (in these cases the requirements in Column A apply)

The revised BCU First Aid Policy is available to download from your Home Nation Websites, and recognised First Aid Awards are listed; www.bcu.org.uk/coaching/first-aid/approved-courses/

Minimum Required Training Contact Time	Column A Requirement until 31/12/11	Column B Requirement from 1/1/12
BCU (UKCC) Level 1 Coach (working under direct supervision)*	n/a	n/a
BCU (UKCC) Level 1 Coach (working independently)*	6-Hour	1 Day
'Old' BCU Level 1 Coach and 'Old' BCU Level 2 Coach	4-Hours	1 Day
BCU (UKCC) Level 2 Coach	8-Hours	1 Day
BCU Moderate Water Endorsement	8-Hours	2 Days
'Old' BCU Level 3 Coach	8-Hours	2 Days
'Old' BCU Level 4 Coach	8-Hours	2 Days
BCU 4 Star Leader	8-Hours	2 Days
BCU (UKCC) Level 3 Coach	8-Hours	2 Days
'Old' BCU 5 Star	8-Hours	2 Days
BCU 5 Star Leader	2 Days	2 Days
'Old' BCU Level 5 Coach	2 Days	2 Days

^{*} BCU (UKCC) Level 1 Coaches are not required to register their First Aid qualification as part of the Coach Update Scheme. However, we recommend these Coaches hold a recognised first aid award if working independently.

THIS UPDATE SUPERSEDES ANY PREVIOUSLY PUBLISHED DOCUMENTATION REGARDING FIRST AID TRAINING REQUIREMENTS